

Life is full of obstacles, but your job doesn't have to be.
Stay on your path with this **FREE employee assistance.**

HOW IT WORKS:

Your employer is committed to seeing you succeed in this organization. Through a partnership with the Capital Area Business Resource Network, your employer is investing in you and your future within the company. Whether you need help obtaining dependable transportation or with budgeting, a success coach from the Business Resource Network is here to support you. Connecting with a confidential, third-party resource helps you to continue to grow within your organization.

Your employer is invested in helping you achieve your full potential.

BUSINESS RESOURCE NETWORK EMPLOYEE ASSISTANCE:



Solutions, including supportive services, for child care, transportation and transportation-related costs, housing, substance abuse, utilities, public benefits, financial pressures, aging parents, overcoming physical disability, work-related clothing, tools or certifications, GED.



Access to soft skills training: Navigating office life, conflict management skills, stress management, interpersonal skills, budgeting and household finances.



Access to hard skills training: Computer skills, certifications.



Assistance with **understanding and navigating company benefits.**



Voluntary resource to **keep employment.**



On-site, face-to-face assistance in **identifying and removing challenges.**



Assistance with **support between employer and employee.**



Identification of career pathways within the company.

LEARN MORE

Business Resource Network

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